Subject: Learning Plus Weekly Bulletin (6 – 10 December 2010)

Learning Plus Weekly Bulletin

<u>15-Minute Session for Freshmen</u>

Freshmen can make an appointment of a 15-minute session to discuss concerns with Student Advisors, who will facilitate your smooth transition to university life. Call Ms Josephine Lee at 2219-4857 to make an appointment.

Weekly Highlights

You can discuss any matters related to your studies or university life at Learning Plus with advisors from: Counselling and Person Enrichment (CoPE) – Monday & Friday Campus Life – Tuesday Careers and Placement – Wednesday Student Development – Thursday

6/12 (Monday)

Overcome Excessive Exam Anxiety

Exam performance will be affected due to excessive anxiety. Discuss with student advisors to gain tips on how to cope with it.

7/12 (Tuesday)

Managing Your Finances

To facilitate your financial management, do come to learn more about financial options available for local students.

8/12 (Wednesday)

CV Quick Fix or Interview Quick Tip

Any last minute rush on your job search process? Come and visit us - we can review your application materials for you. To better facilitate your need, remember to bring a copy of your CV and/or the job posting with you when you come.

9/12 (Thursday)

New to School - Enhance your First Year Experience

Find out ways and learning opportunities to enhance your first year experience.

10/12 (Friday)

Overcome Excessive Exam Anxiety

Exam performance will be affected due to excessive anxiety. Discuss with student advisors to gain tips on how to cope with it.

Visit Learning Plus

G/F, Main Library Every Monday to Friday, 12 noon – 2pm (Except public or university holidays)